

## Bring This

- Bible, pen
- Sleeping bag, pillow
- Casual clothing, pajamas
- Toothpaste, toothbrush, medications, other toiletries
- Completed Medical Release Form (if not turned in to your youth pastors/leader ahead of time)
- **Optional:** Air mattress, water bottle, spending money (Greg's books will be available for purchase), deodorant (*Just kidding deodorant is mandatory.*)

## Do This

- Please respect your hosts and church property. Remember: You are their guests tonight.
- Stay with your youth group and within the designated rooms at the church.
- Before breakfast, take all of your belongings to your pastor's vehicle. Do not leave anything in the church.
- If you find you are missing anything you came with (luggage, sleeping bags, etc.), please contact Tracy Rud at 763.229.7062. After the retreat, please contact the Office of Church Relations at 651.638.6301.